

The Prayers Of *Adoration*

A 6-week Rise Collective Bible Reading Plan

RISE COLLECTIVE

Do you feel restless? Do you find yourself wondering if God really loves you, forgives you, and cares for you?

St. Augustine once said "You have made us for yourself, O Lord, & our heart is restless until it rests in you."

The answer is He does care for you and He loves you more than you could even comprehend. He offers us a constant invitation to "come to Him". And He promises that when we draw near to Him, he will draw near to us. He promises to bring us from darkness and into his glorious and powerful light.

As we fix our eyes on Him and behold Him we will be formed into worshippers who love the Lord with all of our heart, soul, mind and strength. As we get to know God, we should always be led to praise Him for who He is, believing and trusting that He is the love and rest that fulfills every ache and cry in our weary and restless hearts.

Let's adore the King. He is worthy of all glory and honor and praise! We were created to worship Him.



Psalm 34:4-10 ESV

I sought the Lord, and he answered me
and delivered me from all my fears.

Those who look to him are radiant,
and their faces shall never be ashamed.

This poor man cried, and the Lord heard him
and saved him out of all his troubles.

The angel of the Lord encamps
around those who fear him, and delivers them.

Oh, taste and see that the Lord is good!

Blessed is the man who takes refuge in him!

Oh, fear the Lord, you his saints,

for those who fear him have no lack!

The young lions suffer want and hunger; but
those who seek the Lord lack no good thing.



How to use this reading plan:

This reading plan is designed for simplicity in structure and depth in prayer. As we read these prayers from God's Word, the hope is that it stirs up the cries in our own hearts to seek the presence of God in the waiting.

Daily Rhythm

Choose a time and a place to spend time alone with Jesus each day during the reading plan. Consistency will produce fruit as you carve out time daily to be with the Lord in His Word and to be filled up by His Spirit.

Reflection and Response

You will use the same questions every day to prompt reflection and allow the Holy Spirit to guide you in conversation with Him.

Prayer Day

We bookend each week with Psalms that attribute praise to Him to start and end with giving Him glory. Fridays are designed for you to respond similarly, writing your own prayers of praise down in reflection of how God has moved in your life each week.

Grace Day

There is no shame or condemnation if you miss a day or so, this is simply a tool for your encouragement in the truth of God's Word. Use Saturday Grace Days to catch up on anything you missed in the readings.

Reading Plan

<i>sunday</i>	<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>	<i>saturday</i>
Week 1						
Prayer day	Psalm 100; Matthew 6	Ephesians 1:3-23, Ephesians 3:14-21	Colossians 1:9-22	Hebrews 11:6, Hebrews 13:15, 20-21	Psalm 111, Romans 11:33-12:2 & Write a Prayer of Adoration for your week	Grace Day— catch up on the scripture you missed and spend time in prayer.
Week 2						
Prayer day	Psalm 145	The Song of Moses— Exodus 14; Exodus 15:1-18	The Song of Miriam— Exodus 15:20-21	Jethro and Moses_ Exodus 18:1-12	Psalm 103 & Write a Prayer of Adoration for your week	Grace Day
Week 3						
Prayer day	Psalm 8	Dreams and Nebuchenezzar Worships God— Daniel 2:1-30	Nebuchenezzar Worships God— Daniel 3:8-30; 4:3	Nehemiah's Prayer Nehemiah 9:1-31; Nehemiah 9:32-38	Psalm 99 & Write a Prayer of Adoration for your week	Grace Day
Week 4						
Prayer day	Psalm 36	The Lord Makes a Covenant with David— 2 Samuel 7:1-18	David Praises the Lord— 2 Samuel 7:19	David's Song of Deliverance— 2 Samuel 22	Psalm 116 & Write a Prayer of Adoration for your week	Grace Day
Week 5						
Prayer day	Psalm 147	Ark Brought to Jerusalem; Rejoicing with the Elders and David— 1 Chronicles 15:1-3; 25-28	The Ark in the Tent- David's Song of Praise— 1 Chronicles 16:1-36	Offerings for the Temple; David Prays in the Assembly— 1 Chronicles 29:6-22	Psalm 63 & Write a Prayer of Adoration for your week	Grace Day
Week 6						
Prayer day	Psalm 148	Revelation 4	Revelation 5	Revelation 7:9-12; Revelation 19:1-10	Psalm 34 & Write a Prayer of Adoration for your week	Grace Day

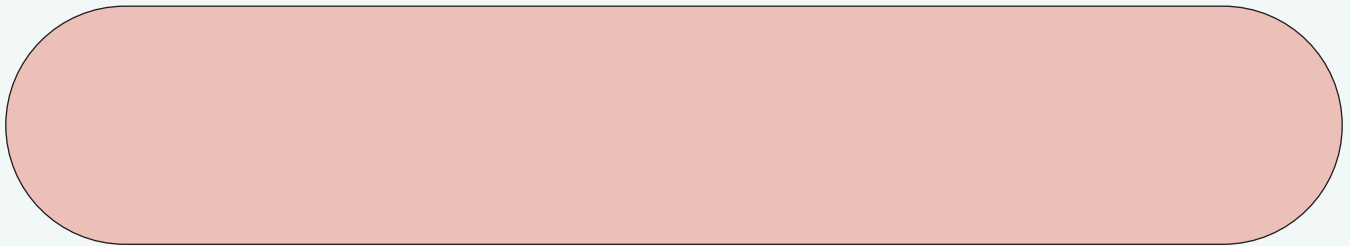
Daily Reflection Questions

Spend a few moments clearing your mind of all distractions. Take a few deep breaths and consider this prayer:

“Holy Spirit you are with me, fill me with your presence and peace”

Jot down whatever might be flooding your mind to make room for the Holy Spirit to speak to you.

1. **OBSERVE**– What words and phrases stood out to you in the passage?



2. **LINGER**– How is the Holy Spirit speaking to you through those words? Linger on this question with the Lord.



3. **REFLECT**– What do you learn about the character of God through today’s reading? Jot down one characteristic of God that you observe. Thank Him for who He is.



4. **APPLY**– What does that characteristic mean for you personally? How does knowing God is _____ impact your life today? Invite Him to search your heart. Ask for His help where you have concerns and questions. Open your heart to however the Spirit might be speaking to you and inviting you into repentance. Ask Him to help you surrender to His will and way. It always leads to life, peace, and freedom in Him. This is the path to worship!

